

## Birth to One Year:

Hearing and Understanding	Talking
<p><b>Birth–3 Months</b></p> <ul style="list-style-type: none"> <li>• Startles at loud sounds.</li> <li>• Quiets or smiles when you talk.</li> <li>• Seems to recognize your voice. Quiets if crying.</li> </ul>	<p><b>Birth–3 Months</b></p> <ul style="list-style-type: none"> <li>• Makes cooing sounds.</li> <li>• Cries change for different needs.</li> <li>• Smiles at people.</li> </ul>
<p><b>4–6 Months</b></p> <ul style="list-style-type: none"> <li>• Moves their eyes in the direction of sounds.</li> <li>• Responds to changes in your tone of voice.</li> <li>• Notices toys that make sounds.</li> <li>• Pays attention to music.</li> </ul>	<p><b>4–6 Months</b></p> <ul style="list-style-type: none"> <li>• Coos and babbles when playing alone or with you.</li> <li>• Makes speech-like babbling sounds, like pa, ba, and mi.</li> <li>• Giggles and laughs.</li> <li>• Makes sounds when happy or upset.</li> </ul>
<p><b>7 Months–1 Year</b></p> <ul style="list-style-type: none"> <li>• Turns and looks in the direction of sounds.</li> <li>• Looks when you point.</li> <li>• Turns when you call their name.</li> <li>• Understands words for common objects/people (e.g., cup, truck, juice, and daddy)</li> <li>• Starts to respond to simple words and phrases, like “No,” “Come here,” and “Want more?”</li> <li>• Plays games with you, like peek-a-boo and pat-a-cake.</li> <li>• Listens to songs and stories for a short time.</li> </ul>	<p><b>7 Months–1 Year</b></p> <ul style="list-style-type: none"> <li>• Babbles long strings of sounds, like mimi upup babababa.</li> <li>• Uses sounds and gestures to get and keep attention.</li> <li>• Points to objects and shows them to others.</li> <li>• Uses gestures like waving bye, reaching for “up,” and shaking head no.</li> <li>• Imitates different speech sounds.</li> <li>• Says 1 or 2 words, like hi, dog, dada, mama, or uh-oh.</li> </ul>

### What Can you do at home?

- Get hearing checked
- Talk to your child and imitate the sounds he/she makes
- Laugh when your child does and imitate facial expressions he/she makes
- Practice Turn-Taking: Imitating actions (peek-a-boo, clapping, blowing kisses, and waving bye-bye).
- Talk about what you do during the day.
- Talk about where you go, what you do there, and who and what you see.
- Teach animal and play sounds (e.g., a cow says ‘moo’, whoa, ya, uh oh)
  
- **READ** to your child every day. (recommend developing reading routine at night)